



The Barbados Hash House Harriers
presents

VALENTINE'S DAY RED DRESS RUN

Go Red for Women Fundraiser!

SUPPORT THE
Heart & Stroke
30th Anniversary Foundation
of Barbados Inc.

Saturday 14th February @ 3:30 pm

Location : The back parking lot at
Massy Big B, Rendezvous,
Christ Church

**All participants are required to wear a red dress
for this fund raising hash.**

Hash cash is \$2 if you're in a red dress, \$5 if you're not!

Refreshments will be on sale!

Bring your mugs, money and comfy chair and plan to stay after the run!
We don't provide cups or mugs so please bring your own!

