

Leisure & Entertainment TODAY

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Red for a cause

Deputy Chief Environmental Officer Anthony Headley and his wife Sharon.



by Tonia Husbands

Last Saturday night, several women painted the Concorde Experience red as the Barbados Heart & Stroke Foundation launched its **Go Red For Women** campaign.

Aimed at making women aware of heart disease and the steps that can be taken to prevent it, President of the Foundation, Humphrey Metzgen, told patrons that the disease was the number one killer among women and accounted for one in three deaths yearly.

He said that 38,000 persons aged 20 and up were living with high blood pressure; 90,000 were overweight, 19,000 were diabetic and everyday a Barbadian suffers a stroke and with the Barbadian lifestyles of drinking sweet drinks and eating fast food, high sodium chips and smoking cigarettes were not helping our bodies but only putting further burden on the cardio-vascular system.

Comparing the Concorde with their challenges and the challenges that the foundation would face, Metzgen stated that with determination and resources available, anything

was possible. The plan, he disclosed, was to launch the first free screening service for citizens and residents of Barbados to help identify those at risk of heart disease and stroke which will have lots of benefits.

As the evening progressed, patrons were encouraged to donate towards the raffle which had lots of prizes, including lunches, dinners for two and a spa treatment.

He also made mention of four outstanding women: Mary Seacole of Jamaica, Barbara Harmer of the UK who was the only female Concorde pilot, the late Dame Nita Barrow, former Governor General of Barbados and Dame Billie Miller who was instrumental in getting the Concorde here in Barbados. She was also in attendance.

With so much information being displayed via the projector and by the mannequins as guests entered the Concorde Experience, the Red Alert event left everyone with more knowledge of the dangers associated with heart disease and strokes.

Minister of Health Donville Inniss chatting with two guests at Red Alert.



Andre Boyce won a ticket to the UK compliments British Airways.



On the red carpet.



The Red ambassadors posing for the camera on the Concorde.



Marcia Martindale receiving her prizes.



He made sweet music.



Chief Executive Officer of the Heart & Stroke Foundation Gina Pitts and President of the Humphrey Metzgen smiling for the camera.



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