

How To Prepare For Your Consultation

A personal history interview is required. Please have the following information available:

- Names and dosages of current medications
- Names, addresses and phone numbers of any doctors or clinics visited in the last five years
- List of medical conditions or diagnoses including the date diagnosed, treatment result and treating physician information
- Health insurance member identification numbers for any current health insurance policies (for health insurance applications only)

In order to achieve optimal results please make sure you do the following prior to your appointment:

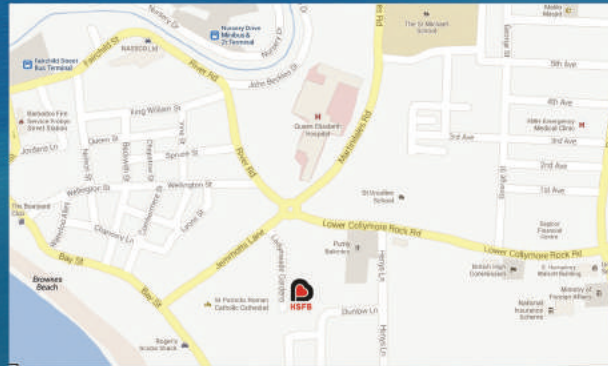
- Be prepared with a picture ID at the time of the examination
- Limit salt and high-cholesterol foods 24 hours prior to the examination
- Avoid strenuous exercise 12 hours prior to the examination
- Refrain from drinking alcoholic beverages for at least 12 hours prior to your appointment
- Provide any history of problems associated with providing a blood sample

Get a good night of sleep prior to the examination.

Have any application paperwork that was sent to you available and ready for the examiner unless otherwise instructed by your agent and please bring a light snack with you.

Opening Hours

Day	Hours
Monday	7am - 6pm
Tuesday	7am - 6pm
Wednesday	7am - 6pm
Thursday	7am - 6pm
Friday	7am - 6pm
Saturday	By appointment
Sunday	Closed
Note blood tests may be completed as early as 7am by appointment	
Please ensure you fast for 12 hours prior to your blood tests if asked	



Consultations by appointment only
call 437 3312 to book yours today!
email: screening@hsfbarbados.org



National Cardiovascular Screening Programme

Everybody has a heart!



About Us

The National Screening Programme is dedicated to providing affordable health screening to potential at risk clients within the community. Our aim is to work closely with doctors and insurance companies to help detect health problems as an effective way to improve quality of life. Preventative screening services are designed to identify disease early, thus enabling earlier intervention and management.

Established in 2013 the National Screening Programme seeks to promote the vision of the Heart & Stroke Foundation of Barbados as part of our continued mission to keep people heart healthy and to reduce suffering and death from heart disease and stroke.

Our dedicated members of staff are highly motivated and committed to this initiative.

Our Team

Registered Nurses
Registered Midwives
Nursing Assistants
Cardiologist
Medical Practitioner
Registered Nutritionist
Neuropsychologist
Exercise Stress Test Technician
Medical Office Administrator



Screening Programme

Includes personalised report

Nursing Consultation with questionnaire evaluation:

- Keystone vision screening
- Depression score
- Cardiovascular risk analysis
- Electrocardiogram
- Atrial fibrillation scan
- Height
- Weight
- Body Mass Index
- Blood Pressure
- Urinalysis
- Emwave Stress analysis
- Exercise Stress Test (Executive Package Only)

Blood tests

- Hba1c (Blood sugar test)
- U&E (kidney function test)
- LFT (Liver function test)
- Total cholesterol
- LDL
- HDL
- Triglycerides
- FBC (full blood count)
- PSA* (Prostate Test)
- TFT* (Thyroid Function Test)

*Available on request

For pricing please call 437-3312